



Don't Fix Me; I'm Not Broken: Changing Our Minds About Ourselves and Our Children

Sally Patton

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Don't Fix Me; I'm Not Broken: Changing Our Minds About Ourselves and Our Children Sally Patton Parenting from unconditional love rather than fear means recognizing the spiritual truth of our children rather than focusing on brokenness and deficits. No child is a mistake; no child is broken. Don't Fix Me I'm Not Broken teaches the perspective that parenting is a spiritual classroom in which parents can learn to parent from a place of inner peace no matter what struggles their children are having. When we trust God's voice of oneness in the world as it works through us and through our children, we learn to accept what is. We can either buy into the traditional stories about these labels or choose peace instead. Parents of children with labels or any child who is struggling or just being every-day difficult can either embrace this opportunity for spiritual growth or stay stuck in the anger, pain, and the sadness. It is a choice.

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