

Worked Up Selves: Personal Development Workers, Self-Work and Therapeutic Cultures

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Worked Up Selves: Personal Development Workers, Self-Work and Therapeutic Cultures Swan Drawing upon current literature on the history and politics of therapeutic cultures and upon original, qualitative research this book was produced in response to rapidly growing interest in the rise of 'new' HRD practices such as coaching, 'soft skills' training and personal development training.



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