



A Man's Guide to the Spiritual Disciplines: 12 Habits to Strengthen Your Walk With Christ

Patrick Morley

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Spiritual disciplines are to the believer what medical school is to the doctor.

A man came up to me at a conference where I was speaking and said, “Pat, do me a favor. Tell me how to be good. I already know how bad I am.”


That statement captures the intent of this book – and the purpose of the spiritual disciplines. Spiritual strength, like surgical skill or athletic excellence, requires training and practice. To become the kind of man who walks with God and wields Christ’s influence in your world, you’ll want to begin a consistent regimen of spiritual exercises.

In *A Man’s Guide to the Spiritual Disciplines*, Patrick Morley highlights twelve habits that will strengthen your walk with Christ, including:

- Experiencing God in creation
- Letting the Bible change your life
- Learning the power of prayer
- Grasping God’s greatness through worship
- Gaining strength through **Sabbath**
- Thriving because of **fellowship**
- Succeeding through wise counsel
- And more . . .

By presenting each discipline with a concise overview, several examples, and application ideas to get you going, this powerful guidebook will help you develop the maturity every man of God was designed to reflect.

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From reader reviews:

David Ochoa:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them family members or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or maybe playing video games all day long. If you want to try to find a new activity that is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book you read you can spent the whole day to reading a book. The book A Man's Guide to the Spiritual Disciplines: 12 Habits to Strengthen Your Walk With Christ it is extremely good to read. There are a lot of those who recommended this book. They were enjoying reading this book. In the event you did not have enough space bringing this book you can buy the particular e-book. You can m0ore simply to read this book from your smart phone. The price is not very costly but this book features high quality.

Angel Jones:

Playing with family in a park, coming to see the water world or hanging out with close friends is thing that usually you have done when you have spare time, after that why you don't try matter that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love A Man's Guide to the Spiritual Disciplines: 12 Habits to Strengthen Your Walk With Christ, you may enjoy both. It is good combination right, you still want to miss it? What kind of hangout type is it? Oh come on its mind hangout men. What? Still don't understand it, oh come on its identified as reading friends.

Clifford Jones:

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Joseph Levis:

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