



# Real Solutions for Busy Moms: Your Guide to Success and Sanity

*Kathy Ireland*

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## **Real Solutions for Busy Moms: Your Guide to Success and Sanity** Kathy Ireland

Kathy Ireland communicates with moms every day: online, at the grocery store, at church, at speaking engagements, and on her company website. She is grateful that her conversations don't center around beauty tips or requests for autographs or advice on how to dress. Rather, she has the honor of hearing from real women who struggle with balancing the responsibilities of marriage, raising children, managing a household or career or both, and finding any time left to take care of themselves.

As the involved mom of three very active children, the supportive wife of an emergency room doctor, and a dynamic businesswoman, Kathy knows of these struggles firsthand. She credits her strong faith in God and her parents' love and support for any success she has today and dedicates her days to finding the solutions that can make life easier for busy moms in all phases of life. As she tackles the tough financial concerns families feel today and many other issues, Kathy offers empathy and encouragement. She shares stories from her own life and wisdom she has gained through her years from teenager with a paper route to successful supermodel to mom to entrepreneur with a dream for big business big business which was realized by building what *Forbes* now calls the "Billion Dollar Brand."

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