Development from Adolescence to Early Adulthood: A dynamic systemic approach to transitions and transformations (Explorations in Developmental Psychology)

Marion Kloep, Leo Hendry, Rachel Taylor, Ian Stuart-Hamilton

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Traditionally, the subject of adolescent development has been explored using a stage based approach, often with an emphasis on the potential risks and problems of adolescence.

Taking a different approach, in this book the authors draw upon a wealth of research to examine the period of development from adolescence to adulthood from a dynamic systems perspective; investigating multi-facetted, multi-variable explanations surrounding the transitions and consequent transformations that occur in young peoples' lives, as they change from teenagers to young adults.

The book considers the social institutions, interactions, contexts and relationships that influence each other, and young people, during developmental transitions.

Topics covered include:

- dynamic systems theory in developmental and social psychology

- adolescents in social contexts

- compliments, lies and other social skills

- school, university and labour market transition

- adolescent health in a lifespan context

- family dynamics.

Development from Adolescence to Early Adulthood will be key reading for academics, researchers and postgraduate students in the field of developmental psychology, as well as clinicians and policy makers working with young people.

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