



# SMART Approach to Spine Clinical Research

*Michael J. Lee, Daniel C. Norvell, Joseph R. Dettori, Andrea C Skelly, Jens R. Chapman*

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*The SMART Approach to Spine Clinical Research* is a must-have guide for spine care professionals seeking to make a meaningful contribution to the scientific literature and advance their careers by publishing high-quality clinical research.

Planning, conducting, and publishing the results of your clinical research can be a long and arduous journey. *The SMART Approach to Spine Clinical Research* presents and explains the many interrelated components essential to spine clinical research in an easily accessible way, guiding you step-by-step through the principles and methods of planning and evaluating clinical research. With a special focus on bias reduction and spine-related case examples, this SMART approach represents those essential components:

- Study question
- Searching the literature
- Study design
- Measurements
- Analysis
- Resources and funding
- Timing

Also addressed in the book are special topics such as getting your manuscript published and conducting a meta-analysis. This SMART approach provides a clear and simple road map for the planning, execution, and critical appraisal of clinical research.

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