



The Groups Book: Psychoanalytic Group Therapy: Principles and Practice (The Tavistock Clinic Series)

Caroline Garland

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Including The Groups Manual, A Treatment Manual, with Clinical Vignettes. This book is very important both for psychoanalysis and for social science. Psychoanalysis began with the treatment of individuals and in its early days attended to the conflict between the individuals wishes and society. It was not for some time that it fully addressed the fact that the ostensible individual was a social animal, who was never outside his group even when ostensibly alone. In this book what has been learnt from the study in depth of individual psychopathology is brought to bear on what can be learnt from studying people in groups and vice versa. This integration is a challenge to both, and is perhaps the most relevant in contemporary psychoanalysis.'- Dr Ron Britton, Psychoanalyst, former President of the British Psychoanalytical Society

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