



Labanotation: The System of Analyzing and Recording Movement

Ann Hutchinson Guest

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A definitive book for students of dance and movement studies, *Labanotation* is now available in a fourth edition, the first complete revision of the text since 1977.

Initiated by the movement genius Rudolf Laban, and refined through fifty years of work by teachers here and abroad, Labanotation, the first wholly successful system for recording human movement, is now having the effect on ballet and other forms of dance that the perfection of music notation in the Renaissance had on the development of music.

This book makes it possible to record accurately, for study and reconstruction, the great dance creations of the theater, as well as such diverse activities as time/motion studies for industry, personnel assessment and physical therapy. So comprehensive that it can indicate even facial expressions, the system is also simple enough for a child to learn easily as an integral part of athletic or dance training.

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