



# How I Survived Multiple Sclerosis: Thriving for 40 Years

*Sid Baron*

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## **How I Survived Multiple Sclerosis: Thriving for 40 Years** Sid Baron

IF YOU OR A LOVED ONE SUFFER FROM MULTIPLE SCLEROSIS or other serious ailments, Sid Baron's story will be among the most inspirational you ll ever read. A survivor of the Nazi occupation of the Netherlands during World War II and emigrating to the United States with his family after the war, Sid started several successful businesses. Then, suddenly, at age forty and in the prime of his life, he was struck by MS. Rather than give up he learned all he could about the disease and, through a combination of positive thinking, laughter, diet and vitamins, Sid not only survived, he thrived in spite of the disease. In educating himself about the disease, Sid sought expert medical advice. One expert, world renowned MS researcher Dr. Roy L. Swank, became both his physician and friend, Dr. Swank helped Sid find the road to recover his health and his life with an adapted lifestyle and diet. In no small part, Sid Baron's unique sense of humor and life-long positive attitude have prevailed and, combined with his chosen course of treatment, have provided the structure for his long, productive life, without medications. Amazingly, while suffering from MS, Sid established several successful businesses. Sid's message to other MS sufferers is that you, too, can also thrive by following the wisdom and advice that have become the hallmarks of Sid Baron's life.

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