



# Invitation to Community Music Therapy

*Brynjulf Stige, Leif Edvard Aarø*

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*Invitation to Community Music Therapy* presents the main perspectives and principles of community music therapy as it is practiced around the world. A relatively recent development within the broader field of music therapy, community music therapy emphasizes human connectedness, health promotion, and social change. This textbook surveys the history, theory, and current practice of community music therapy to develop a comprehensive picture of the field. Along the way it takes full measure of the diverse and vibrant ways community music therapy is practiced around the globe. Including dozens of photographs and pedagogical tools such as chapter questions, textboxes, figures, key terms, and discussion topics, *Invitation to Community Music Therapy* is the ideal introduction to a growing area of music therapy.

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