



Viva Feliz (Portuguese Edition)

Lúcia Rodovalho

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Um livro que Lúcia Rodovalho escreveu como se estivesse olhando nos olhos do leitor, ministrando a cura das emoções e indicando o caminho para uma vida Feliz.

Neste livro não há uma fórmula mágica para a felicidade, mas nele a autora aponta caminhos que você poderá tomar para viver mais feliz.

A cada novo capítulo será como se você estivesse avançando na estrada da vida em busca da felicidade.

Se, ao ler este livro você:

- tomar a decisão de aliviar sua bagagem,
- rever suas prioridades
- e tomar algumas atitudes

Certamente você encontrará a felicidade!

E afinal, por que se preocupar em ser feliz? Simplesmente porque pessoas felizes não somente lidam bem melhor com as adversidades como resistem melhor à dor.

A vida é um privilégio, é um presente maravilhoso que Deus nos deu, no entanto é tão curta e passa tão rápida que é uma lástima passarmos por ela sem sermos felizes. Por isso temos que buscar a felicidade, buscar o prazer de vivermos cada dia.

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