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Xô, Bactéria! (Portuguese Edition)

Roberto Martins Figueiredo



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- Como limpar a cozinha de maneira correta?
- Como se alimentar durante a gravidez sem riscos para o bebê?
- Como preparar e conservar a comida?
- Como afastar insetos e outros animais nocivos de casa?
- Quais as bactérias mais comuns na cozinha e como fazer para evitá-las?

Dúvidas como estas são comuns no nosso dia a dia. Neste livro, Roberto Martins Figueiredo, o Dr. Bactéria, esclarece questões relacionadas à higiene da casa e dos alimentos. Você saberá em detalhes como manter sua casa livre de germes utilizando técnicas simples e produtos facilmente encontrados no mercado. Além disso, aprenderá sobre higienização e conservação de alimentos.

Aqui você encontrará resposta para perguntas que sempre teve, respondidas pelo mais famoso exterminador de bactérias da TV, para dizer, de uma vez por todas: *Xô, Bactéria!*

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