



Ela Poderia Ser Você (Portuguese Edition)

Maria Izabel Albarracin

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A ansiedade e o pânico ameaçaram ruir tudo o que levei uma vida para construir. Mas o desejo de seguir adiante me conduziu a uma intensa e importante batalha. Nesse livro relato minha experiência como vítima das negligenciadas doenças da mente, e sobre como encontrei forças para superar o momento mais crítico de minha vida.

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