



Living the Dream: My Story

Chantelle Houghton

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From girl next door to the nation's sweetheart, this is the story of Chantelle's spectacular rise to fame and celebrity. Told in her own words, Chantelle takes us on what has been a sometimes bumpy, but a truly magical journey.

As a little girl growing up in Essex, Chantelle Houghton dreamed of becoming famous and living the life of a star. But never could she have imagined just how this dream would eventually come true, transforming her into one of Britain's most loved and talked about celebrities.

Here, we learn how her family played a crucial role in helping to shape her dreams and aspirations from an early age. We hear of the difficult times growing up and how Chantelle was able to overcome these obstacles, eventually launching a career in modeling.


But it was to be *Celebrity Big Brother* that would change the course of Chantelle's life forever. She tells of the moment she first discovered she'd been picked, what really went on behind the scenes - the clashes of personalities in the house, the fallings out... and, of course, her falling in love with Preston.

Winning Big Brother was a defining moment, and the madness that followed in those first few days outside of the house was to be just the beginning of Chantelle's new dream life. Learning to become accustomed to her new found fame hasn't been straightforward, but Chantelle has always kept her feet firmly on the ground.

But it has been her love for Preston that has been the real fairy tale in Chantelle's extraordinary journey. She tells how their love grew away from the glare of paparazzi, and how this whirlwind romance ended up becoming the wedding of the year.

In this honest and open autobiography, Chantelle shares her secret hopes and dreams for the future and looks back on the past year and reflects on just what an amazing fairy tale it's been.

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