

### Alcohol and Drug Misuse: A Handbook for Students and Health Professionals

G. Hussein Rassool



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Written by an experienced author and lecturer, this five part text presents an introduction to drug and alcohol misuse and provides:

- the context of alcohol and drug misuse, and the nature and theories of addiction, including a historical overview and policy initiatives in contemporary society
- an overview of the problems associated with psychoactive substances and their impact on groups such as black and minority ethnic people, young people, women, older people and the homeless
- an understanding of the generic role responses to substance misuse in a variety of different settings and contexts, including primary care, community and hospitals
- a framework for assessment, care planning, harm reduction approach, dealing with overdose, intoxication and withdrawals, psychological and pharmacological interventions
- an accessible and skills-oriented approach to assist students and practitioners in dealing with drug and alcohol misuse.

*Alcohol and Drug Misuse* takes into account current policy initiatives and practice for substance use and misuse and includes a range of pedagogical features to enhance learning. It is essential reading for nursing and health students taking substance misuse modules, as well as related CPD courses for health care professionals.

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