



Hands On Feet: The New System That Makes Reflexology A Snap

Michelle R. Kluck

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Have you ever wondered how foot massage could help lower high blood pressure? Or reduce anxiety attacks? Look no further! Michelle R. Kluck, a massage therapist to the stars from Beverly Hills, knows just how to fix your ailments using reflexology. In this book, she explains her tried-and-true techniques with helpful diagrams and illustrations. And in case you're not sure where to rub, the book comes with her patented Reflexology Sox™ that illustrate, in colorful detail, which part of the foot you should manipulate in order to relive symptoms of PMS, fatigue, and even depression. *Hands on Feet* provides an insider's look at the revolutionary new technique that is natural and -- best of all -- feels great!

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