



The Yeast Connection and Women's Health

M.D. William G. Crook, Elizabeth B. Crook, Carolyn Dean, M.D. Hyla Cass

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This update of Dr. William Crook's classic *The Yeast Connection and the Woman* includes a groundbreaking new section by Dr. Carolyn Dean focusing on how yeast overgrowth can make you fat -- in addition to causing chronic illness. The 10-step Yeast Fighting Plan described in the book will help you get rid of yeast and be on your way to better health fast.

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