



Wellbeing: A Complete Reference Guide, Work and Wellbeing (Wiley Clinical Psychology Handbooks) (Volume III)

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Part of the six-volume reference set *Wellbeing: A Complete Reference Guide*, this volume is a comprehensive look at wellbeing in the workplace at organizational, managerial, and individual levels.

- Discusses the implications of theory and practice in the field of workplace wellbeing
- Incorporates not only coverage of workplace stress in relation to wellbeing, but also aspects of positive psychology
- Explores the role of governments in promoting work place well being
- Part of the six-volume set *Wellbeing: A Complete Reference Guide*, which brings together leading research on wellbeing from across the social sciences
- Topics include work-life balance; coping strategies and characters of individuals; characteristics of workplaces and organizational strategies that are conducive to wellbeing; and many more



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