



Advancing Occupational Therapy in Mental Health Practice

Elizabeth McKay, Christine Craik, Kee Hean Lim, Gabrielle Richards

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Advancing Occupational Therapy in Mental Health Practice looks at the contribution that occupational therapists make to the lives of clients living with mental illness. It examines current practice developments and the innovative research that is shaping occupational therapy within the mental health arena, nationally and internationally.

The book employs a distinctive and engaging narrative approach, bringing to life key issues in practice and research. It introduces the reader to the mental health context, opening with a historical overview and then exploration of the current developments in occupational therapy before moving on to discuss the cultural context and the need for cultural sensitivity in practice. Service users and expert clinicians offer their narratives, through which the clinical utility and cultural appropriateness of existing occupational therapy concepts, assessments and outcome measures are discussed and the associated implications for practice highlighted.

Advancing Occupational Therapy in Mental Health Practice introduces and explores a variety of specialised work contexts from practicing in acute inpatient settings to crisis intervention, home treatment, forensic mental health settings and the specialist role of occupational therapy in community mental health and social services. Chapters are enriched with case stories, personal narratives and guided reflection.

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