



Being My Mom's Mom

Woodward Veney Loretta Anne

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Being My Mom's Mom invites readers on my personal journey before and after the onset of my Mom's dementia. Personal vignettes highlight the heartache and humor in this life-changing disease. I offer strategies from real experience for building the best care team for loved ones, increasing one's capacity for patience, and making the most of every day. I confirm the difficulty of acknowledging when its time to become the parent of a parent. I also offer hope that loving relationships with dementia sufferers can continue, even in the realization that the past is forgotten, and the future is the present.



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Amy Gutierrez:

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