



Satisfied: Discovering Contentment in a World of Consumption

Jeff Manion

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The Counter-Cultural Move from Accumulation to Abundance

Why is it so hard to find the contented, satisfied life? What deep hungers drive our purchasing habits, accumulation, and consumer lifestyle?

Satisfied is for those drowning in debt, but also those getting farther and farther ahead financially. It is for those who have forgotten who they are and mistakenly equate their self-worth with their net worth. It is for those who are crippled by comparison. It is for those with full closets and empty souls.

Satisfied provides an inspiring and transformative vision for living a deeply contented life in our consumer-driven culture.

“Jeff Manion’s voice is such a wise, clear, helpful voice, and I’m so thankful for the timely and challenging invitation he’s issued in these pages. I’m inspired to live more richly with fewer things, and to pursue gratitude and generosity with more intention.” –Shauna Niequist, author of *Bread and Wine*

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