



# **The Compassionate Equestrian: 25 Principles to Live by When Caring for and Working with Horses**

*Allen Schoen, Susan Gordon*

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This marvelous book, borne of a unique collaboration between Dr. Allen Schoen—a world-renowned veterinarian and author—and trainer and competitor of many years Susan Gordon, introduces the 25 Principles of Compassionate Equitation. These Principles, conceived by Dr. Schoen and Gordon, are a set of developmental guidelines, encouraging a level of personal awareness that may be enacted not only through the reader's engagement with horses, but can be extended to all humans and sentient beings he or she encounters. The 25 Principles share stories and outline current, peer-reviewed studies that identify and support methods of training, handling, and caring for horses that constitute a safe, healthy, non-stressful, and pain-free environment. Through their Compassionate Equestrian program, the authors encourage all involved in the horse industry to approach training and handling with compassion and a willingness to alleviate suffering. By developing deeper compassion for their own horses, and subsequently, all equines, equestrians transcend their differences in breed preferences, riding disciplines, and training methodologies. This leads to the ability to empathize and connect more closely with the “global collective” of horses and horse people. In doing so, a worldwide community of compassionate equine practitioners and horse owners will emerge, which will not only benefit the horses: People involved with horses are found in many influential segments of society and have the potential to affect wide circles of friends, acquaintances, and co-workers from every walk of life. These are simple changes any horse person can make that can have a vast impact on the horse industry and society as a whole.

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People live in this new time of lifestyle always aim to and must have the spare time or they will get large amount of stress from both lifestyle and work. So , if we ask do people have free time, we will say absolutely without a doubt. People is human not a robot. Then we request again, what kind of activity have you got when the spare time coming to you actually of course your answer can unlimited right. Then do you try this one, reading books. It can be your alternative inside spending your spare time, the particular book you have read is usually The Compassionate Equestrian: 25 Principles to Live by When Caring for and Working with Horses.

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The Compassionate Equestrian: 25 Principles to Live by When Caring for and Working with Horses can be one of your starter books that are good idea. We all recommend that straight away because this reserve has good vocabulary that can increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort to set every word into delight arrangement in writing The Compassionate Equestrian: 25 Principles to Live by When Caring for and Working with Horses although doesn't forget the main point, giving the reader the hottest along with based confirm resource details that maybe you can be certainly one of it. This great information could drawn you into fresh stage of crucial contemplating.

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