



# Unfinished Business: Change Your Thinking, Deal with Your Past, and Move On

*David C. Cooper*

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**Unfinished Business: Change Your Thinking, Deal with Your Past, and Move On** David C. Cooper  
**Move beyond your past into the future God has for you.**

Jesus said, “I have come that you may have life and have it more abundantly.” But one of the things that can prevent you from a living this abundant life today is yesterday’s unfinished business. As much as we may want to live in the present, the past often influences us in ways we don’t even realize.

*Unfinished Business* helps you identify the areas in your life where you’ve become stuck and then overcome the issues that are keeping you there, including attitudes and thought patterns such as:

- Anger, resentment, hurt feelings, stereotypes, and prejudices
- Failures, poor decisions, and mistakes
- Perfectionism, poor self-image, and feelings of inadequacy
- Disappointment and unfulfilled dreams
- Worry, fear, and anxiety

You will never be ready for a new experience if you are dragging your old feelings around with you. It’s time to move forward and experience the life that God has waiting for you.

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