



El libro de la vida (Spanish Edition)

Santa Teresa de Jesús

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El libro de la vida (Spanish Edition) Santa Teresa de Jesús
Una obra fundamental de la literatura mística

Edición de Jorge García López, profesor de Filología Española en la Universitat de Girona

Santa Teresa de Jesús, también conocida como Teresa de Ávila, es, junto con san Juan de la Cruz, el gran nombre de la mística española. El Libro de la vida es el primero de sus escritos no líricos y ya en él se hallan los temas más recurrentes de su obra. Se trata de una obra temprana y fresca, que combina la autobiografía con la enseñanza religiosa y el relato con la doctrina. De este modo, mientras que los primeros diez capítulos son meramente biográficos, casi confesionales, lo cual supuso una novedad totalmente rupturista en el ámbito de las letras, los siguientes capítulos constituyen un bello tratado acerca de la oración. Hacia el final de la obra, la carmelita retoma la narración más cotidiana y relata la fundación del convento de San José de Ávila. La sencilla y sincera prosa de santa Teresa de Jesús otorga al Libro de la vida no solo un valor religioso, sino sobre todo literario.

La presente edición está a cargo de Jorge García López, profesor titular de la Universitat de Girona i un experto en literatura mística. Incluye una introducción, una guía didáctica, un aparato de notas y un elaborado glosario que acompañan la lectura.

«Si el que comienza se esfuerza con el favor de Dios a llegar a la cumbre de la perfección, creo jamás va solo a el cielo; siempre lleva mucha gente tras sí; como a buen capitán le da Dios quien vaya en su compañía.»

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