



# **MINDFLOS I 7 passi per smettere di fumare (Italian Edition)**

*Erika De Brasi*

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# MINDFLOS I 7 passi per smettere di fumare (Italian Edition)

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Mindflos è il mio metodo, sperimentato per anni con successo, per aiutare i fumatori a disintossicarsi dalla nicotina e soprattutto dall'abitudine psicologica.

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