



The Home Energy Diet: How to Save Money by Making Your House Energy-Smart (Mother Earth News Wiser Living Series)

Paul Scheckel

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With rising energy costs, homeowners are beginning to examine the energy efficiency of their own homes, asking questions about where energy comes from and how much it costs, how to choose new appliances and what options exist for renewable energy.

The Home Energy Diet answers all these questions and more while helping readers take control of their personal energy use and costs so they can save money, live more comfortably and help the environment. Energy auditor Paul Scheckel first explores energy literacy, and then describes how your home uses—and loses—energy you pay for via:

Electricity

Hot water

Heating and air conditioning

Windows, walls and insulation

The Home Energy Diet involves readers in learning about their own homes by: measuring, metering, investigating and considering habits related to household energy use; learning how to quantify energy consumption and cost and making informed decisions about cost-effective improvements and upgrades. The book explores the misunderstood concept of efficiency versus cost by comparing fuel costs and equipment choices, including the possibility of using renewable energy for meeting home energy needs. This authoritative guide makes efficiency fun through personal anecdotes and humorous “tales-from-the-basement” energy misadventures.

Since energy efficiency is an investment that offers returns greater than Wall Street, readers can earn several hundred dollars *every year* just by following the advice in this book. As a bonus, many of the energy-saving strategies described can make for improved indoor air quality and healthier, more comfortable homes.

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From reader reviews:

Lowell Oliver:

Spent a free time for you to be fun activity to complete! A lot of people spent their sparetime with their family, or their very own friends. Usually they accomplishing activity like watching television, likely to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Can be reading a book can be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to try out look for book, may be the e-book untitled The Home Energy Diet: How to Save Money by Making Your House Energy-Smart (Mother Earth News Wiser Living Series) can be very good book to read. May be it can be best activity to you.

Evelyn Montgomery:

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Mamie Donnelly:

In this era which is the greater person or who has ability in doing something more are more important than other. Do you want to become among it? It is just simple method to have that. What you need to do is just spending your time little but quite enough to possess a look at some books. Among the books in the top record in your reading list is definitely The Home Energy Diet: How to Save Money by Making Your House Energy-Smart (Mother Earth News Wiser Living Series). This book which can be qualified as The Hungry Hillside can get you closer in turning into precious person. By looking way up and review this book you can get many advantages.

Dianne Roy:

Many people said that they feel uninterested when they reading a reserve. They are directly felt the item when they get a half parts of the book. You can choose the actual book The Home Energy Diet: How to Save Money by Making Your House Energy-Smart (Mother Earth News Wiser Living Series) to make your personal reading is interesting. Your own personal skill of reading ability is developing when you like reading. Try to choose easy book to make you enjoy to study it and mingle the impression about book and

examining especially. It is to be initially opinion for you to like to available a book and learn it. Beside that the publication *The Home Energy Diet: How to Save Money by Making Your House Energy-Smart* (Mother Earth News Wiser Living Series) can to be your friend when you're feel alone and confuse with the information must you're doing of their time.

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